Obstructive Lesions

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Lesions That Cause CHF
CHF In Newborn
Impede Return of Flow to Left Heart

- Infantile coarctation
- Congenital aortic stenosis
- Hypoplastic left heart syndrome
- Congenital mitral stenosis
- Cor triatriatum
- Obstruction to venous return from lungs
  - TAPVR from below diaphragm
Causes of CHF in the Newborn

- Coarctation of the Aorta
- Obstruction to venous return from lungs
- Cor Triatriatum
- Congenital Aortic Stenosis
- Congenital Mitral Stenosis
- Hypoplastic Left Heart
Diagnosing CHF in a Newborn

- Usually have cardiomegaly
- Ill-defined bronchovascular bundles
- Flattening of diaphragm
  - Air hunger
- Rare
  - Kerley B lines
  - Pleural effusions
CHF In Chronologic Sequence
Commonest Cause of CHF
In Chronologic Sequence

< 24 hrs ........... Intrauterine arrythmia
First week .......... Hypoplastic Left Heart Syndrome
2-6 weeks .......... Infantile coarctation
1-4 months ........ Large L → R shunts

VSD, ASD, PDA, AV Canal
Coarctation
Of the Aorta
Coarctation of the Aorta

General

- 2X more common in males
- Common classification
  - Infantile or preductal form
  - Adult or juxtaductal form
- Relationship of ductus to coarct affects clinical picture
Coarctation of the Aorta
Coarctation Proximal to Ductus

- Flow is frequently from PA to Ao through Ductus
- Cyanosis in lower half of body as
  - Unoxygenated blood from PA feeds lower extremities
- Oxygenated blood from LV goes to major vessels of head and neck
  - Not cyanotic
Coarctation of the Aorta

Coarctation Distal to Ductus

- Flow is initially from Ao to PA (L $\rightarrow$ R shunt)
- If there is Eisenmenger’s physiology, the flow reverses and goes from PA $\rightarrow$ Ao (R $\rightarrow$ L shunt)
- Cyanosis
- More common form
Coarctation of the Aorta
Other Classifications

- More complicated classifications take the following into account:
  - Location and length of coarct
  - Patency of ductus arteriosus
  - Relationship of coarct to ductus
Coarctation of the Aorta
Adult Form

- Adult or juxtaductal (postductal) form is more common than infantile
- Usually localized
- Area of coarctation just beyond origin of LSCA at level of ductus
R Brachiocephalic L CCA
L SCA
Ductus

(ADULT) POSTDUCTAL TYPE

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Coarctation of the Aorta
Coarctation of the Aorta
Infantile Form

- Infantile, preductal form = diffuse type
- Long, tubular segment of narrowed aorta
  - From just distal to brachiocephalic artery to level of ductus
- Intracardiac defects (VSD, ASD, deformed mitral valve) present in 50% of diffuse type
  - Also patent ductus arteriosus
Coarctation of the Aorta
Associated Defects

- Bicuspid aortic valve (most common associated defect seen in 50%)
- VSD
- ASD
- Transposition
- 25% of patients with Turner’s Syndrome have coarctation of aorta
Coarctation of the Aorta
Shone Syndrome

- Coarctation of aorta
- Aortic stenosis
- Parachute mitral valve
- Supravalvular mitral ring
## X-Ray Findings

### Rib Notching

- **Single best sign**
- Older the person, more likely to have rib notching (uncommon <6 yrs)
- Majority with coarcts display it >20 years of age
- Rib notching occurs in high pressure circuit
Coarctation of the Aorta

To supply aorta distal to ductus, flow in the 3rd-8th intercostals reverses.

Blood flows from subclavian → internal mammary → intercostals → aorta.

First two intercostals arise from costocervical trunk and do not serve aorta.
X-Ray Findings
Rib Notching

- Most often involves 4th-8th rib
  - Sometimes may involve 3rd and 9th
- Does not involve 1st and 2nd ribs
  - Intercostals come off costocervical trunk and do not supply collateral flow to descending aorta
    - 4th-8th do anastomose with internal mammary to form collaterals for descending aorta
INTERCOSTAL ARTERY RETRACTED FROM RIB, DEMONSTRATING EROSION OF COSTAL GROOVE BY THE TORTUOUS VESSEL
Rib Notching in Coarctation

Regresses after coarct is repaired

Costo-vertebral junction

Intercostal artery retracted from rib, demonstrating erosion of costal groove by the tortuous vessel
X-Ray Findings
Rib Notching–Unilateral

Rib notching occurs in the high pressure circuit
X-Ray Findings
Unilateral Right Rib Notching

Notching occurs in the high pressure circuit

Isolated right-sided rib notching

Coarct originates between the LCCA and the LSCA
X-Ray Findings
Unilateral Left Rib Notching

Notching occurs in the high pressure circuit

Isolated left-sided rib notching

Anomalous RSCA originates distal to site of coarct
X-Ray Findings
Figure 3 Sign

- Caused by (in order)
  - Dilated LSCA or aortic knob
  - “Tuck” of coarct itself
  - Poststenotic dilatation

- Occurs in 1/3–1/2 of patients with coarct
  - Not in children

- Matched by “reverse 3” or “E” on barium-filled esophagus
Reverse 3 sign on barium filled esophagus

“Figure 3 sign” caused by coarctation

Coarctation of the Aorta
X-Ray Findings
Continued

● Convexity of left side of mediastinum just above aortic knob 2° to
  ■ Dilated aorta proximal to coarct, or
  ■ Dilated LSCA
    ▲ May be congenital or may be 2° to ↑ pressure

● Convexity of ascending aorta in 1/3
  ■ May be normal or small in others
Convexity above aortic knob due to dilated LSCA or Aorta proximal to coarct

Ascending Ao may be dilated, normal or small

Coarctation of the Aorta
Coarctation of the Aorta
Clinical Findings—Infancy

- Severe CHF most common from 2nd to 6th week of life
- Weak or absent leg pulses
- Lower BP in the legs than in the arms
- EKG: RV hypertrophy because RV assumes most of the cardiac output during fetal life in these patients
## Coarctation of the Aorta

### Echocardiographic Findings

- In infants, 2D echo can demonstrate coarct from suprasternal notch.
- Echo helpful in excluding associated hypoplastic left heart syndrome.
Coarctation of the Aorta
MRI and Angiography

- MRI preferred study in children/adults
- Aortography offers greatest resolution
Contrast enhanced MRA shows long segment coarctation of the aorta
Oblique sagittal spin-echo-Coarctation of the Aorta
Axial spin-echo MRI-Coarctation of the Aorta
Coarctation of the Aorta
Complications

- Heart failure in neonate
- Subarachnoid bleeds 2° ruptured Berry aneurysms
- Dissection of aorta
- Bacterial endocarditis
- Mycotic aneurysm
Pseudocoarctation

- Buckling of aorta resembles true coarctation
- No pressure gradient (<30mmHg)
- Figure 3 sign present
- No rib notching
Congenital Aortic Stenosis
<table>
<thead>
<tr>
<th>Congenital Aortic Stenosis</th>
<th>Valvular-General</th>
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- Bicuspid aortic valve is most common congenital cardiac anomaly (2%)  
- Usually not stenotic in infancy  
- Becomes stenotic when fibrosis and calcification occur  
- About half of those with coarctation have bicuspid Ao valve
Congenital Aortic Stenosis
Angiography

- Domed and thickened leaflets in systole
- Two leaflets and two sinuses of Valsalva
Congenital Aortic Stenosis (10 yo)
Aortic Stenosis

Coronal cine MRI image demonstrates a systolic signal void originating at the stenotic aortic valve. Ascending aorta is dilated.
Hypoplastic Left Heart Syndrome

Aortic Atresia
## Hypoplastic Left Heart Syndrome

### General

- Most common cause of death from cardiac cause during first week of life
- Common clinical expression of this lesion is CHF in first week of life
  - Usually cyanotic
- Heart is enlarged in most
## Hypoplastic Left Heart Syndrome

**General**

- Small ascending aorta
  - Common to all forms
  - Sometimes infantile coarctation
- Often associated mitral stenosis or atresia or aortic stenosis or atresia
- In 90%, size of LA and LV small
- A large PDA is essential
  - VSD, ASD also present
Oxygenated blood returning from lungs can not enter LV

Oxygenated and deoxygenated blood enter PA

Blood passes through PA → lungs and into large PDA → aorta → to body

Obstruction to return of blood from lungs → CHF

RA, RV and PA are enlarged

Hypoplastic Left Heart Syndrome

Cyanotic
Hypoplastic Left Heart Syndrome
Pathophysiology

- Since outflow tract from L heart is small, aerated blood always shunted
- Large PDA needed to get aerated blood to body
- Blood to head, arms and coronaries flows through PDA, then backwards through arch
Blood returning from body mixes with oxygenated blood from LA; passes into PA

Some blood passes through large PDA to aorta and out to body

Some deoxygenated blood goes to lungs

Blood returning from lungs can not exit LA to LV because of atretic mitral valve

Need L $\rightarrow$ R shunt through ASD to get blood out of LA

Hypoplastic Left Heart Syndrome
Hypoplastic Left Heart Syndrome

Atretic aorta
Hypoplastic Left Heart Syndrome
Associated Anomalies

- Coarctation of the aorta
- Interruption of the aortic arch
- AV communis
- Anomalies of the R subclavian artery
- Bicuspid aortic valve
Hypoplastic Left Heart Syndrome
X-ray Findings

- Increased load on RV → marked cardiomegaly at birth
- Obstruction to return of blood from lungs → CHF at birth
  - Most common cause of CHF in first two weeks of life
Hypoplastic Left Heart Syndrome
Hypoplastic Left Heart Syndrome
Hypoplastic Left heart Syndrome
Gated spin echo at base of heart shows hypoplastic aorta (arrow) posterior and right of main pulmonary artery
Hypoplastic Left Heart Syndrome

Diagnosis

- Diagnosis can be made by echo
- Catheterization may be hazardous
  - Spasm of PDA during cath can → death
Hypoplastic Left Heart Syndrome Triad

- Cardiomegaly
- CHF in 1st week of life
- Cyanosis
Congenital Mitral Stenosis
Congenital Mitral Stenosis

- Exists as isolated abnormality 25% of time
- Coexists with VSD 30% of time
- Coexists with another form of left ventricular outflow obstruction 40% of time—SHONE’S Syndrome
<table>
<thead>
<tr>
<th>Shone’s Syndrome</th>
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<tbody>
<tr>
<td>● Parachute mitral valve</td>
</tr>
<tr>
<td>● Supravalvular mitral ring</td>
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<tr>
<td>● Subaortic stenosis</td>
</tr>
<tr>
<td>● Coarctation of aorta</td>
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Congenital Mitral Stenosis
Cine MR image in axial plane demonstrates a diastolic signal void emanating from the mitral valve indicative of mitral stenosis.
Cor Triatriatum
General

- Rare congenital anomaly
- Fibromuscular septum with single, large, opening separates embryonic common pulmonary vein from left atrium
Cor Triatriatum
Anatomy

- Proximal, accessory chamber lies posteriorly and receives pulmonic veins
- Distal, true atrial chamber lies anteriorly, emptying into left ventricle through mitral valve
Cor Triatriatum

Distal, true atrial chamber lies anteriorly and contains mitral valve

Proximal accessory chamber lies posterior and receives pulmonary veins
## Cor Triatriatum Associations

- ASD
- PDA
- Anomalous pulmonary venous drainage
- Left SVC
- VSD
- Tetralogy of Fallot
<table>
<thead>
<tr>
<th>Cor Triatriatum</th>
<th>Clinical</th>
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<tr>
<td>Clinically similar to mitral stenosis</td>
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<tr>
<td>Dyspnea</td>
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<td>Heart failure</td>
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<td>Failure to thrive</td>
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### Cor Triatriatum

**X-ray Findings**

- Pulmonary edema
- Enlarged LA
Cor Triatriatum
Cor Triatriatum - angiography
Cor Triatriatum
Cor Triatriatum
Treatment

- Surgical excision of obstructing membrane
Cor Triatriatum

Prognosis

- Usually fatal in first 2 years of life
  - Associated abnormalities
Obstruction Of The Venous Return from the Lungs

TAPVR from below Diaphragm
TAPVR
Infracardiac Type—Type III

- Percent of total: 12%
- Long pulmonary veins course down along esophagus
- Empty into IVC or portal vein (more common)
- Vein constricted by diaphragm as it passes through esophageal hiatus
Blood returning from lungs → pulmonary veins which are constricted by diaphragm → CHF

Obligatory R → L shunt to carry oxygenated blood to body

Oxygenated blood returns to RA

Pulmonary veins empty into portal vein or IVC

TAPVR-Type III-Infradiaphragmatic
Pulmonary veins

Portal vein

Pulmonary veins

TAPVR-Type III-
Infradiaphragmatic
Causes of CHF in the Newborn

- Coarctation of the Aorta
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- Cor Triatriatum
- Congenital Aortic Stenosis
- Congenital Mitral Stenosis
- Hypoplastic Left Heart
The End